

2024 SKATE AUSTRALIA SPEED NATIONAL CHAMPIONSHIPS



14 TO 19 JANUARY 2024

PENRITH, LIVERPOOL & NARELLAN
NEW SOUTH WALES



SKATE
AUSTRALIA



Australian Government
Australian Sports Commission



SKATE
NSW

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APPENDIX #1

2024 COMPETITION CATEGORIES & RACE DISTANCE INFORMATION

- ⇒ Competition Age Categories are the same for both Road and Flat Track.
- ⇒ Males and Females run as separate categories.
- ⇒ If there is only one nominated skater in a category, that category is be considered a NON EVENT. Skaters will be given the opportunity to move into a higher category or receive a refund of their nomination fees.
- ⇒ Should a skater (who is not vying for selection into an international team) wish to skate in a higher category, their State Speed VP must submit a written request to the Skate Australia Speed TC Chairperson, Pauline Robertson, seven (7) days prior to the event nominations closing.
- ⇒ All ages are at 31 December 2024:

• Primary	11 years and Under
• Cadet	12 but not yet 15 years
• Junior	15 but not yet 19 years
• Senior	19 years and Over
• Masters Men	30 years but not yet 40
• Masters Men	40 years but not yet 50
• Masters Men	50 years but not yet 60
• Masters Men	60 years and Over
• Masters Ladies Combined	30 years and over combined in one grade.

Race Distances for Road:

• 100m In Lanes	All Age Categories
• 1 Lap (600m)	All Age Categories
• 3K Points	Primary
• 5K Points	Cadet/Junior/Senior/Masters
• 5K Open	Primary/Cadet Only
• 10K Open	Junior/Senior/Masters
• 3K Relay	Primary/Cadet & Masters
• 5K Relay	Junior/Senior

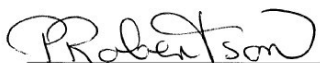
Race Distances for Flat Track:

• 200m Dual Time Trial	All Age Categories
• 1000m	All Age Categories
• 3000m	All Age Categories
• 3K Open	Primary/Cadet
• 5K Open	Junior/Senior
• 5K Open	Masters

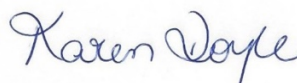
Race Distances for Marathon:

• 21K Half Marathon	Primary/Cadet
• 21K Half Marathon	Masters Only
• 42K Marathon	Open (includes Junior/Senior/Masters)

PLEASE NOTE: Masters skaters may choose to compete in the 21K Half Marathon or the 42K Open Marathon but may not do more than one half marathon/marathon event.



Pauline Robertson
Chairperson
SA Speed Technical Committee



Karen Doyle
Chairperson
SA Commissioned Speed Officials Committee